

Crock Pot Purple Oatmeal

This oatmeal is an easy way to invite your senses to wake up and start the day. I love the surprise of removing the crock pot lid and seeing a beautiful bright purple, smelling the sweet steam and seeing the little bubbles around the edges on this thick and smooth oatmeal.

This would be a great holiday dish, easy to serve to overnight guests and would even be great for a morning meeting at work. Seriously, they make portable crock pots for a reason! Enjoy this sweet treat for breakfast tomorrow. If you spend the rest of the day humming “Purple Rain” or singing “Flying Purple People Eater” to your kids, you can thank me later.

2 c. quick oats

2. c. water

1 c. milk

1 T. vanilla

1 can cherry pie filling

1 c. frozen blueberries

Put everything in the crockpot, stir gently and cook on “keep warm” for 8 hours over night. When you mix this in the morning, stir gently so you don’t make the blueberries fall apart– they will be juicy and ready to explode.