

Crock Pot Chicken and Artichokes



This easy and delicious dish can be made with just a few items from your pantry!

Happy Valentine's Day, crock pot lovers! I hope you've enjoyed the day and if you care nothing about this Hallmark holiday, I hope you had a fabulous Saturday.

I thawed out some chicken a couple days ago and didn't decide what to do with it until today. I wanted something easy that even the kids would eat, and didn't want to go to the store to get any supplies.

One of my favorite pantry items that I always keep stocked is a small jar of artichoke hearts in a marinade. They are great on fresh salads, complement tomato-based sauces on pasta, or create a delectable antipasto plate when you need a quick appetizer. The dressing is also a fabulous sauce.

I also had a basket of fresh cherry tomatoes from a local farm that I needed to use before they went soft. Even in North Carolina, it's cold at this time of year, but I love that I can get fresh tomatoes that were greenhouse grown.

With a few basic ingredients you really can put together a delicious dinner without needing a trip to the grocery store.

Happy Love Day!

5-6 boneless skinless chicken thighs

1 pint cherry tomatoes

6 oz jar of artichoke hearts in marinade (DO NOT DRAIN!)

3 cloves garlic

1/2 sweet onion, sliced

Put all ingredients in crock pot and cook on high for 4 hours.
Serve alone as an entrée or over pasta or rice.